

VERSION 2

Welsh Open Groups 2019

Weigh in for all groups vary, please check times for each group.

Lifting times may change on the day

SATURDAY

Group One: Presentation of lifters 7.50. Competition starts at 8.00

Weigh in: 6.00-7.00

| Name | | Club | Announced Total | Class |
|---------------|---------------------|-------------------|-----------------|-------|
| Jon Kepa | Cortajarena Sanchez | Selección EUSKADI | 155 | 55 |
| Koldo Aingelu | Galiano Joaquin | Selección EUSKADI | 160 | 55 |
| Rico | Rees | Unattached | 35 | 55 |
| Luke | Eardley | SW1 S&C | 155 | 55 |
| Tobie | Poffley | Llanelli WL | 22 | 55 |
| Dylan | Rees | Unattached | 105 | 55 |
| Garin | Beams | Unattached | 177 | 67 |
| Alex | Evans | Unattached | 175 | 67 |
| Ben | Rees | Llanelli WL | 140 | 67 |
| Cian | Green | Bangor WL | 175 | 67 |
| Leighton | Yates | HAWFC | 165 | 67 |
| Sean | Aspinall | SA1 | 145 | 67 |
| | | | | |

Group Two: Presentation of lifters 9.50. Competition starts at 10.00

Weigh in: 8.00-9.00

| Name | | Club | Announced Total | Class |
|-----------|-----------|------------|-----------------|-------|
| Emma | Slocombe | Synergi | 43 | 45 |
| Steph | Morris | Unattached | 115 | 49 |
| Rabia | Shahzad | Unattached | 105 | 49 |
| Ffion | Barnikel | SAW | 70 | 49 |
| Awen | Davies | Unattached | 150 | 59 |
| Rebecca | Francis | Unattached | 130 | 59 |
| Kirsten | Blackwell | SA1 | 115 | 59 |
| Gabriella | Rossetti | Unattached | 125 | 59 |
| Fflur | Owen | SA1 | 142 | 59 |
| Sofia | Kyriazidi | Unattached | 120 | 59 |
| Georgina | Williams | Unattached | 120 | 59 |
| Eve | Hamilton | Unattached | 132 | 59 |
| Sinead | Lenihan | Unattached | 113 | 59 |
| | | | | |

| Group Three: Presentation of lifters 11.50 Competition starts at 12.00 | | | | |
|---|-------------------|----------------------|------------------------|--------------|
| Weigh in: 10.00-11.00 | | | | |
| Name | | Club | Announced Total | Class |
| Liam | Davies | Crossfit Caerphilly | 136 | 61 |
| Ben | Foggo | Unattached | 180 | 61 |
| Ryan | Bedwell | Unattached | 210 | 73 |
| Nimai | Mehta | Unattached | 150 | 73 |
| Michael | Farmer | Unattached | 261 | 73 |
| Igor | Sasiain Mosqueira | Selección EUSKADI | 242 | 73 |
| Peter | Cubillo Martin | Selección EUSKADI | 230 | 73 |
| Kacper | Gardian | SA1 | 160 | 81 Group B |
| Jia Run | Liang | Unattached | 167 | 81 Group B |
| Thomas | Walker | Unattached | 125 | 81 Group B |
| Jeff | Wasley | Unattached | 180 | 81 Group B |
| | | | | |
| Group Four: Presentation of lifters 13.50 Competition starts at 14.00 | | | | |
| Weigh in: 12.00-13.00 | | | | |
| Name | | Club | Announced Total | Class |
| Megan | Webley | Unattached | 115 | 64 Group B |
| Shannon | Hughes | SA1 | 115 | 64 Group B |
| Eleanor | Welsh | Synergi | 117 | 64 Group B |
| Shona | Mckirdy | Unattached | 96 | 64 Group B |
| Beth | Jones | CrossFit Llantrisant | 110 | 64 Group B |
| Kirstie | Milne | Synergi | 110 | 64 Group B |
| Elinor | Edwards | SA1 | 90 | 64 Group B |
| Kate | Fenton | Unattached | 93 | 64 Group B |
| Marie | Roos | Unattached | 100 | 64 Group B |
| Rowan | Morrogh Bernard | Unattached | 130 | 64 Group B |
| Alice | Richardson | Unattached | 115 | 64 Group B |
| | | | | |

| Group Five: Presentation of lifters 15.50 Competition starts at 16.00 | | | | |
|--|---------------------|-------------------|------------------------|--------------|
| Weigh in: 10.00-11.00 | | | | |
| Name | | Club | Announced Total | Class |
| Allan | Young | Unattached | 240 | 81 Group A |
| Thomas | Rees | Llanelli WL | 229 | 81 Group A |
| Theo | Morris | SA1 | 210 | 81 Group A |
| Jonny | Cordy | Unattached | 230 | 81 Group A |
| Bruno | Soto Fernandez | Selección EUSKADI | 228 | 81 Group A |
| Cameron | James | Unattached | 220 | 81 Group A |
| Alvaro | Jimenez Cano | Selección EUSKADI | 230 | 81 Group A |
| Nick | Jones | Unattached | 240 | 81 Group A |
| Mikel | Larra Moreno | Selección EUSKADI | 220 | 81 Group A |
| Joseph | Cowen | Unattached | 263 | 81 Group A |
| Jacob | Hill-Izani | HAWFC | 210 | 81 Group A |
| | | | | |
| Group Six: Presentation of lifters 17.50 Competition starts at 18.00 | | | | |
| Weigh in: 12.00-13.00 | | | | |
| Name | | Club | Announced Lift | Class |
| Janine | Dovey | Unattached | 143 | 64 Group A |
| Josephine | McEwan | Kingdom Barbell | 155 | 64 Group A |
| Bethan | Watkins | Unattached | 152 | 64 Group A |
| Susana | Davila Sansinena | Selección EUSKADI | 180 | 64 Group A |
| Christie Marie | Williams | Unattached | 170 | 64 Group A |
| Sarah | Hearn | Unattached | 148 | 64 Group A |
| Sally | Williams | Unattached | 140 | 64 Group A |
| Louise | Mackenzie | Unattached | 148 | 64 Group A |
| Garoa | Martinez Anasagasti | Selección EUSKADI | 165 | 64 Group A |
| Kathryn | Joseph | Unattached | 152 | 64 Group A |
| Chloe | Briggs | SA1 | 167 | 64 Group A |
| Stephanie | Jones | Llanelli WL | 140 | 64 Group A |
| | | | | |

| SUNDAY | | | | |
|---|------------------|-------------------|------------------------|--------------|
| Group Seven: Powerlifting Presentation of lifters 7.45. Competition starts at 8.00 | | | | |
| Weigh in: 6.00-7.00 | | | | |
| Name | | Club | Announced Total | Class |
| Sean | Gaffney | | | Over 72kg |
| | | | | |
| Group Eight: Presentation of lifters 8.20. Competition starts at 8.30 | | | | |
| Weigh in: 6.30-7.30 | | | | |
| Name | | Club | Announced Total | Class |
| Becky | Hickman | Evolve S&C | 120 | 55 |
| Michelle | Oakey | Unattached | 125 | 55 |
| Kira | Sinnott | Bangor WL | 130 | 55 |
| Beth | Massey | Unattached | 109 | 55 |
| Catherine | Raftery | Unattached | 95 | 55 |
| Chloe | Motion | Unattached | 108 | 55 |
| Ellie | Pryor | Breezes gym | 156 | 55 |
| Ruby | Jackson | Unattached | 109 | 55 |
| Evie | Rowlands | Unattached | 35 | 55 |
| Helen | Qualters | SA1 | 117 | 55 |
| Leah | Cooper | Unattached | 140 | 55 |
| Aynabel | Davila Sansinena | Selección EUSKADI | 110 | 55 |
| | | | | |
| Group Nine: Presentation of lifters 10.20 Competition starts at 10.30 | | | | |
| Weigh in: 8.30-9.30 | | | | |
| Name | | Club | Announced Total | Class |
| Darius | Vahdati | Unattached | 225 | 89 |
| Paul | Chalmers | Unattached | 181 | 89 |
| Iñigo | Da Silva Tabuyo | Selección EUSKADI | 235 | 89 |
| Ryan | Wilson | Unattached | 245 | 89 |
| Joshua | Owens | Unattached | 207 | 89 |
| Liam | Netterfield | Unattached | 210 | 89 |
| Tom | Ingram | SA1 | 245 | 89 |
| David | Lewis | Unattached | 251 | 89 |
| William | Bevan | Unattached | 255 | 89 |
| Taylor | Probets | Unattached | 190 | 89 |
| Alex | Yagoub | Unattached | 235 | 89 |
| | | | | |

| Group Ten: Presentation of lifters 12.20 Competition starts at 12.30 | | | | |
|--|-------------|----------------------|------------------------|--------------|
| Weigh in: 10.30-11.30. | | | | |
| Name | | Club | Announced Total | Class |
| Tracy | Rosser | Unattached | 123 | 71 Group B |
| Arabella | Bott | Unattached | 144 | 71 Group B |
| Megan | Dixon | Unattached | 140 | 71 Group B |
| Lois | Jones | HAWFC | 135 | 71 Group B |
| Caroline | Hurley | Unattached | 70 | 71 Group B |
| Suleen | Syn | Unattached | 100 | 71 Group B |
| Stacy | Netterfield | Unattached | 120 | 71 Group B |
| Fiona | Bowles | Glasgow City Barbell | 118 | 81 |
| Helena | Madan | SA1 | 148 | 81 |
| Beth | Jones | Unattached | 146 | 81 |
| Chloe | Whyllie | Unattached | 170 | 81 |
| Calli | Rouse | SA1 | 100 | 87 |
| Anne | Collis | SA1 | 75 | 87+ |
| | | | | |
| Group Eleven: Presentation of lifters 14.20 Competition starts at 14.30 | | | | |
| Weigh in: 12.30-13.30 | | | | |
| Name | | Club | Announced Total | Class |
| Sam | Taylor | Unattached | 199 | 96 Group B |
| Samuel | Perkins | Unattached | 200 | 96 Group B |
| Rhyddian | Rees | Breezes gym | 206 | 96 Group B |
| George | Latter | Unattached | 190 | 96 Group B |
| Tom | Bladen | Unattached | 200 | 96 Group B |
| Jonathan | Powell | Unattached | 230 | 102 |
| Filip | Taylor | Unattached | 280 | 102 |
| Harry | Nelms | Synergi | 275 | 102 |
| Jordan | Sakkas | Unattached | 320 | 102 |
| Theo | Morgan | Unattached | 280 | 102 |
| Kyle | Colella | SAW | 105 | 102 |
| | | | | |

| Group Twelve: Presentation of lifters 16.20 Competition starts at 16.30 | | | | |
|--|---------------------|-------------------|------------------------|--------------|
| Weigh in: 10.30-11.30 | | | | |
| Name | | Club | Announced Total | Class |
| Shanice | Parry | SA1 | 152 | 71 Group A |
| Emma | Bruce | Unattached | 152 | 71 Group A |
| Lauren | Burley | Unattached | 180 | 71 Group A |
| Sophie | Grosvenor | Unattached | 155 | 71 Group A |
| Rowena | Roos | Unattached | 146 | 71 Group A |
| Samantha | Feneck | SAW | 155 | 71 Group A |
| Enlli | Jones | Bangor WL | 173 | 71 Group A |
| Kim | Allan | Unattached | 170 | 71 Group A |
| Sarah | Kedward | Unattached | 145 | 71 Group A |
| Ellis | Brotherton | Unattached | 170 | 76 |
| Olivia | Lennon | Unattached | 137 | 76 |
| Alea | Fairchild | Unattached | 96 | 76 |
| Cerys | Head | Unattached | 119 | 76 |
| | | | | |
| Group Thirteen: Presentation of lifters 18.20 Competition starts at 18.30 | | | | |
| Weigh in: 12.30-13.30 | | | | |
| Name | | Club | Announced Total | Class |
| Jason | Stephenson | Llanelli WL | 260 | 96 Group A |
| Iain | McCallum | Unattached | 270 | 96 Group A |
| Tom | Wain | Unattached | 230 | 96 Group A |
| Guto | Hughes | Unattached | 265 | 96 Group A |
| Max | Buchanan | Unattached | 246 | 96 Group A |
| Tom | Jolly | Unattached | 260 | 96 Group A |
| Evan | James | Unattached | 220 | 96 Group A |
| Ben | Wasley | Unattached | 235 | 96 Group A |
| Ion | Ander Iriarte Munoa | Selección EUSKADI | 263 | 96 Group A |
| Rhodri | West | Unattached | 285 | 109 |
| Jack | Crosse | Unattached | 230 | 109 |
| | | | | |